

# The First Sunday In Lent

## February 22, 2026

### 10:00 AM – Holy Eucharist, Rite II

*Before the service, speak to the Lord. (BCP Page 833)*

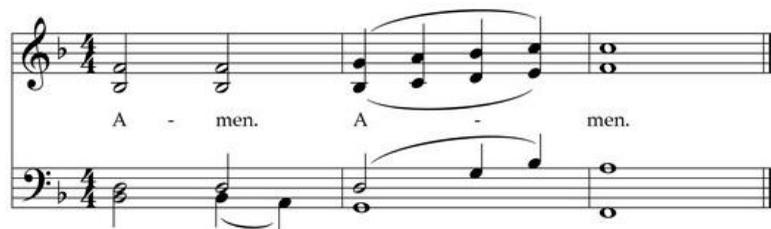
*During the service, let the Lord speak to you. After the service, speak to one another.*

#### The Word of God

|   |                               |
|---|-------------------------------|
| Voluntary: O Man Bewail Thy Grievous Fall               | J. S. Bach                    |
| The Great Litany <i>(recited)</i>                       | <b>Prayer Book</b> Page 148   |
| The Salutation  | Page 355                      |
| The Collect for the Day                                 | Page 218                      |
| The First Lesson: Genesis 2:15-17; 3:1-7                |                               |
| Psalm 32  | Page 624                      |
| The Second Lesson: Romans 5:12-19                       |                               |
| <b>Sequence Hymn #150 – Forty Days And Forty Nights</b> | <b>Aus der Tiefe rufe ich</b> |
| The Gospel: Matthew 4:1-11                              |                               |
| The Sermon  | The Rev. Gini DiStanislao     |
| The Nicene Creed  | Page 358                      |
| The Confession & Absolution                             | Page 360                      |
| The Peace   | Page 360                      |
| Announcements   |                               |

#### The Great Thanksgiving

|  |                |
|--|----------------|
| Offertory Sentence                                 |                |
| Anthem: God Be In My Head                          | Rutter         |
| Presentation of Offerings                          |                |
| <b>The Doxology – Hymn #43 vs. 3</b>               |                |
| <b>Our Fathers' God, To Thee – Hymn #717 vs. 4</b> | <b>America</b> |
| Eucharistic Prayer B                               | Page 367       |
| <b>The Sanctus: Holy, Holy, Holy, S130</b>         |                |
| <b>The Amen</b>                                    | <b>Dresden</b> |



|  |                            |
|--|----------------------------|
| The Lord's Prayer                                    | Page 364                   |
| <b>The Fraction Anthem: Jesus, Lamb of God, S164</b> | <b>Schubert</b>            |
| The Invitation                                       |                            |
| <b>Communion Hymn #448 – O Love, How Deep</b>        | <b>Deus tuorum militum</b> |
| <b>#143 – The Glory of These Forty Days</b>          | <b>Erhalt uns, Herr</b>    |
| Post Communion Prayer                                | Page 365                   |
| The Blessing   |                            |
| <b>Closing Hymn #688 – A Mighty Fortress</b>         | <b>Ein Feste Burg</b>      |
| The Dismissal  |                            |
| Postlude: The Lord Mayor's Trumpet Tune              | Anonymous                  |

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*We welcome all family and friends and invite you to join us in Denny Hall after the service for a time of fellowship.*

**OFFICIANT** – The Rev. Gini DiStanislao  
**LAY READERS** – Jeff Lighthiser & Katie Harrison  
**ACOLYTE** – Monroe Harrison  
**ALTAR GUILD** – Sue Daniels, Liz Lee, Judy Martin, Sewell McLeod, Valerie Riviere  
**GREETER** – David Martin  
**CHOIR DIRECTOR/ORGANIST** – Rita Busse Gulliksen  
**TELLER** – Beth Norton  
**COFFEE HOUR** – in Denny Hall  
**NURSERY** – Jenny Karluk  
**USHER** – John Watkins  
**VIDEO STREAMING** – Katie Harrison

#### **When you pray, please remember the following church members:**

Susan Seaver, Sue Parsons, Nancy Dawson, Janet Showalter, Lucy & John Goode, Jay Fiedler, Larry Rock, Les Fillgrove, Annette Sherman, Nancy & Connie Aasen, Kathleen Willey, Angela Park, John Mills, Lou Suthard, Ronnie Rice, Janet Darby, Rhett duPont, Trey Harrington, Carol Timmons, Katie Cole and Bob Phillipson.

**When you pray, please remember the following family & friends:**

Graham Lighthiser, Grady Hebert, Dennis McArdle, Katie McFadden, Scott Kirby, Carol Perenzin, Dawn McAnanaey, Barry Akers, Brent Hodges, Ed Mulreany, Karl Grotos, Christy Darlington, Connie Rosenbaum, Barbara Anderson, Ann Smith, Mary Ann Harlan, Wesley Ball, Lou Roeder, Dave Woods, George Holmes, Telly Noble, Wyatt Nickle, John DiFiglo, Doug Barnes, Rita Gilpin, Connie Smiley, Dee Dee Mitchell, Timmy Akers, Aaron Spicer, Chip Isbell, Glenn Webster, Martey Longmire, Caren Fields, Bob McCall, Bill Jines, Joelle Cosby, Paul Bubenshik, Sandra Barkey, Melissa Esmee Fields, Thomas Murrell, Dennis & Blair Nickle, Penny & Jeff Strack, Suzanne Silek, Robert Keep, RJ Redstrom, Ron Hodges, Elaine Jones, Jim Dawson, Terry Royal, Phillip, Dale Custer, Becky Sido, Jan Sierk, Kjerstin Johnson, Bobby Perkins, Charlie Chitwood, Tom Green, Jerry Lowe and Sue Bland.

**Happy Birthday to the following:**

|                   |      |                 |      |
|-------------------|------|-----------------|------|
| Margi Spicer      | 2/22 | Grace Allen     | 2/25 |
| Mark Sykes        | 2/22 | Daniel Howell   | 2/25 |
| Traci Badin       | 2/23 | Sewell McLeod   | 2/25 |
| John Bayarski     | 2/23 | Jim Dunn        | 2/26 |
| Donna Deekens     | 2/23 | Betsy Moore     | 2/26 |
| Pat Hancock       | 2/24 | Carl O'Hallahan | 2/26 |
| Matthew Stainback | 2/24 |                 |      |

**Announcements**

- ❖ **Sunday Morning Children's Time at 9:45 AM:** The children will meet in Denny Hall.
- ❖ **Outreach Committee meeting today** following fellowship time.
- ❖ **Zoom Bible Study: Tuesdays at 9:30 AM.** Join Zoom meeting: <https://zoom.us/j/97704697365?pwd=TkhIMUtQbXhVMS9TeHVQazl5L0piZz09;> Meeting ID: 977 0469 7365; Password: 371567.
- ❖ **Men's Bible Study: Wednesdays at 9:15 AM.** Please join us for coffee, doughnuts and lively conversation. Each week we will look at the lectionary readings for the following Sunday. This study is for all levels of learners. We hope that you will join us.
- ❖ **Lenten Journey Booklets from Westminster Canterbury are now available:** Use the following link: [lenten journey 2026 final.pdf](#) or pick up a copy in Denny Hall.
- ❖ **Manakin Book Club: Tuesday, February 24, at 7 PM via Zoom.** We will be discussing Jim DeFede's book The Day the World Came to Town. The novel "tells the true story of how the residents of the small town of Gander, Newfoundland, Canada opened their homes and hearts to thousands of stranded airline passengers after the 9/11 attacks." It is a heart-warming story in tragic circumstances. Please download the Zoom application onto the electronic device of your choice prior to the meeting. If you have any questions, feel free to contact Terry Hood at 804-418-9372 or via email at [thhood@hotmail.com](mailto:thhood@hotmail.com).

- ❖ **Lenten Dinner and Program: Wednesday, February 25, at 5:30 PM. Potluck supper.**
- ❖ **Lunch Ministry for Area Homeless Shelters:** Our next lunch packing will be **Saturday, February 28, 9 AM to 10 AM** in Denny Hall. We will be packing 170 lunches for four shelters. Please sign up in Denny Hall or text Mary Kay Gates at 434-390-2919 if you can volunteer.
- ❖ **All are invited to support our very own author!** Pat Pennington has written a book titled "Fly High Matilda". This book was written to encourage children to recognize their gifts and use them to be all that they can be. She will have a book signing during coffee hour on **Sunday, March 1**. The books are \$15 each.
- ❖ **Sit, Stitch and Craft Night: Monday, March 2, at 5 PM.** Bring any type of needlework, drawing, beading or handcraft to enjoy while socializing. Participants are welcome to bring snacks to share but it is not essential. We welcome visitors too. Bring a friend and enjoy the fellowship.
- ❖ **First Fridays Fellowship: Friday, March 6 from 5:30 - 7 PM in Denny Hall.** Hosted by Martha Redstrom-Plourd & Peter Plourd and Rosanna & Jim Smith. Please bring your own beverage and an appetizer to share. Everyone is invited to attend.
- ❖ **Family Forum: Sunday, March 8, at 9 AM.**
- ❖ **Men of the Church breakfast meeting, Saturday, March 14, at 8 AM:** The speaker will be Mr. Fundador Torres, of Good Samaritan Ministries, an organization that Manakin Church donates to annually. Mr. Torres will present "The Good Samaritan Inn," which is the message from Luke 10:25-35. Please bring a friend and come out for the fellowship, the presentation, and of course the great breakfast!
- ❖ **Food Donations:** We continue to accept donations for the Powhatan Food Pantry. The collection bins are at the Denny Hall entrance. They appreciate all donations of nonperishable food items. **Current needs are: Pop Tarts, coffee, canned pineapple, Rotel, Manwich/Sloppy Joe mix, alfredo sauce, barbeque sauce and ketchup.** If anyone has paper bags from grocery shopping, please add them to the bin. We would also appreciate drivers to deliver the food in the right bin to The Pantry on Tuesdays, Thursdays or Saturdays between 9-12 AM. Please send Mary Kay an email at [marykatherinegates@gmail.com](mailto:marykatherinegates@gmail.com) if you can help. Thank you for all your help.
- ❖ **Backpacks Of Love:** We will be helping Backpacks of Love by collecting snacks such as fruit cups, applesauce cups, Go Go squeeze applesauce, snack crackers packets and proteins (pop-top cans of beefaroni/ravioli are especially welcome). Please place these items in the marked bin in Denny Hall. **Join us on the 1<sup>st</sup> & 3<sup>rd</sup> Fridays of the month.** You can meet us at Manakin at **9 AM** or at the site at **9:30 AM**, 3035 Lower Hill Road, Powhatan. If you have any questions, contact Penny Sawyer at 804-794-5609.

❖ **Powhatan Animal Shelter** gladly accepts donations of dog food wet/dry Pedigree or Purina Adult (“Kongs”), treats, medium collars, harnesses, leashes and peanut butter. Please put these items in the marked bin in Denny Hall. You can also support them with a monetary donation to their medical fund at Claws and Paws by phone at 804-598-8030 or send your donation to Claws and Paws with the note “Powhatan Animal Control Medical Fund” to 4313 Anderson Highway, Powhatan, VA 23139. Thank you!

❖ **Plastic Bag Recycle Program:** We have joined The Salisbury Garden Club to collect plastic bags now through November 2026 or until our goal is met. Our goal is to collect 1,000 pounds of plastic! Drop off at church can be in the bin located in room number 5 in Denny Hall. Any questions? Please contact Jean Hillsman at [jmhillsman56@gmail.com](mailto:jmhillsman56@gmail.com). Thank you for your help in reducing trash and protecting our environment while we gain another beautiful new bench for an organization in need. **What can be recycled?** Grocery bags, shipping envelopes, bread bags, Ziploc and other reclosable food storage bags, bubble wrap, cereal bags, dry cleaning bags, case overwrap (such as paper towels and toilet paper), newspaper sleeves, produce bags, ice bags. **No plastic bottles please.**

### WEDNESDAYS IN LENT

Each Wednesday during Lent we will offer Morning Prayer in the Nave at 8:45 AM starting on **February 25.**



Last year we had such great success with watching C. S. Lewis’ The Chronicles of Narnia - The Lion, the Witch and the Wardrobe that we decided to continue with that momentum. This year our movie will be a continuance with The Chronicles of Narnia – Prince Caspian (Rated PG). We will watch segments of this movie each week and discuss the Christian themes. This is a great movie for all ages!

**February 25** – Lenten Supper and Movie - We will have a potluck supper starting at **5:30 PM** – Bring a dish to share!

**March 4** – Lenten Supper and Movie - Dinner will be provided

**March 11** – Lenten Supper and Movie - Potluck – bring a dish to share

**March 18** – Lenten Supper and Movie - Dinner will be provided

**March 25** – Lenten Supper and Movie - Potluck – bring and dish to share

Please sign up in Denny Hall to help with set-up and clean-up. Thank you!

## 1<sup>st</sup> Sunday in Lent

### The Collect

### Contemporary

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### Traditional

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

### Old Testament: Genesis 2:15-17; 3:1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.” Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden’?” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

### The Psalm

### Psalm 32

### *Beati quorum*

1 Happy are they whose transgressions are forgiven, \*  
and whose sin is put away!

2 Happy are they to whom the LORD imputes no guilt, \*  
and in whose spirit there is no guile!

- 3 While I held my tongue, my bones withered away, \*  
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; \*  
my moisture was dried up as in the heat of summer.
- 5 Then I acknowledged my sin to you, \*  
and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to the LORD." \*  
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; \*  
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place;  
you preserve me from trouble; \*  
you surround me with shouts of deliverance.
- 9 "I will instruct you and teach you in the way that you should go; \*  
I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding; \*  
who must be fitted with bit and bridle,  
or else they will not stay near you."
- 11 Great are the tribulations of the wicked; \*  
but mercy embraces those who trust in the LORD.
- 12 Be glad, you righteous, and rejoice in the LORD; \*  
shout for joy, all who are true of heart.

### **The Epistle: Romans 5:12-19**

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

### **The Gospel: Matthew 4:1-11**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

Sequence Hymn #150 – Forty Days And Forty Nights

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
 2 Should not we thy sor - row share and from world - ly joys ab - stain,  
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Communion Hymn #448 – O Love, How Deep

1 O love, how deep, how broad, how high, how pass - ing  
 2 For us bap - tized, for us he bore his ho - ly  
 3 For us he prayed; for us he taught; for us his  
 4 For us to wick - ed hands be - trayed, scourged, mocked, in  
 5 For us he rose from death a - gain; for us he  
 6 All glo - ry to our Lord and God for love so

1 thought and fan - ta - sy, that God, the Son of  
 2 fast and hun - gered sore; for us temp - ta - tions  
 3 dai - ly works he wrought: by words and signs and  
 4 pur - ple robe ar - rayed, he bore the shame - ful  
 5 went on high to reign; for us he sent his  
 6 deep, so high, so broad; the Trin - i - ty whom

1 God, should take our mor - tal form for mor - tals' sake.  
 2 sharp he knew; for us the tempt - er ov - er - threw.  
 3 ac - tions, thus still seek - ing not him - self, but us.  
 4 cross and death; for us gave up his dy - ing breath.  
 5 Spi - rit here to guide, to strength - en, and to cheer.  
 6 we a - dore for ev - er and for ev - er - more.

Communion Hymn #143 – The Glory OF These Forty Days

1 The glo - ry of these for - ty days we  
 2 A - lone and fast - ing Mo - ses saw the  
 3 So Dan - iel trained his mys - tic sight, de -  
 4 Then grant us, Lord, like them to be full  
 \*5 O Fa - ther, Son, and Spi - rit blest, to

1 ce - le - brate with songs of praise; for Christ, through whom all  
 2 lov - ing God who gave the law; and to E - li - jah,  
 3 liv - ered from the li - ons' might; and John, the Bride - groom's  
 4 oft in fast and prayer with thee; our spi - rits strength - en  
 5 thee be ev - ery prayer ad - dressed, who art in three - fold

1 things were made, him - self has fast - ed and has prayed.  
 2 fast - ing, came the steeds and char - i - ots of flame.  
 3 friend, be - came the her - ald of Mes - si - ah's name.  
 4 with thy grace, and give us joy to see thy face.  
 5 Name a - dored, from age to age, the on - ly Lord.

Closing Hymn #688 – A Mighty Fortress

1 A might - y for - tress is our God, a bul - wark nev - er  
 2 Did we in our own strength con - fide, our striv - ing would be  
 3 And though this world, with dev - ils filled, should threat - en to un -  
 4 That word a - bove all earth - ly powers, no thanks to them, a -

fail - ing; our help - er he a - mid the flood  
 los - ing; were not the right man on our side,  
 do us; we will not fear, for God hath willed  
 bid - eth; the Spi - rit and the gifts are ours

of mor - tal ills pre - vail - ing; for still our an - cient foe  
 the man of God's own choos - ing; dost ask who that may be?  
 his truth to tri - umph through us; the prince of dark - ness grim,  
 through him who with us sid - eth: let goods and kin - dred go,

*Continued*

doth seek to work us woe; his craft and power are great,  
Christ Je - sus, it is he; Lord Sa - ba - oth his Name,  
we trem - ble not for him; his rage we can en - dure,  
this mor - tal life al - so; the bo - dy they may kill:

and, armed with cru - el hate, on earth is not his e - qual.  
from age to age the same, and he must win the bat - tle.  
for lo! his doom is sure, one lit - tle word shall fell him.  
God's truth a - bid - eth still, his king - dom is for ev - er.

The musical score consists of two systems. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The first system covers the first four lines of lyrics, and the second system covers the last four lines. The piano accompaniment features chords and moving lines in the bass register.