

The Fourth Sunday After The Epiphany
February 1, 2026

Morning Prayer

Processional Hymn #437 – Tell Out My Soul <i>(attached)</i>	Birmingham
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OFFICIANT – The Rev. Gini DiStanislao

When you pray, please remember the following church members:

Susan Seaver, Sue Parsons, Nancy Dawson, Janet Showalter, Lucy & John Goode, Jay Fiedler, Larry Rock, Les Fillgrove, Annette Sherman, Nancy & Connie Aasen, Kathleen Willey, Angela Park, John Mills, Lou Suthard, Ronnie Rice, Janet Darby, Rhett duPont, Trey Harrington, Carol Timmons and Katie Cole.

When you pray, please remember the following family & friends:

Graham Lighthiser, Grady Hebert, Dennis McArdle, Katie McFadden, Scott Kirby, Carol Perenzin, Dawn McAnanaey, Jan, Barbara Akers, Barry Akers, Brent Hodges, Ed Mulreany, Karl Grotos, Christy Darlington, Brian, Connie Rosenbaum, Barbara Anderson, Ann Smith, Laura, Chip, Mary Ann Harlan, Wesley Ball, Lou Roeder, Dave Woods, George Holmes, Telly Noble, Wyatt Nickle, John DiFiglo, Doug Barnes, Rita Gilpin, Connie Smiley, Dee Dee Mitchell, Timmy Akers, Aaron Spicer, Chip Isbell, Glenn Webster, Martey Longmire, Caren Fields, Bob McCall, Bill Jines, Joelle Cosby, Paul Bubenshik, Sandra Barkey, Melissa Esmee Fields, Thomas Murrell, Dennis & Blair Nickle, Penny & Jeff Strack, Suzanne Silek, Robert Keep, RJ Redstrom, Ron Hodges, Elaine Jones, Jim Dawson, Terry Royal, Phillip, Dale Custer, Becky Sido, Jan Sierk, Kjerstin Johnson, Bobby Perkins and Charlie Chitwood.

Happy Birthday to the following:

Barrett Ruby	2/1	Kate Hott	2/5
Chris Hott	2/2	Libby Hott	2/5

Happy Anniversary to the following:

Angela Park & Annette Sherman	2/5	Meredith & Bruce Bass	2/7
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Announcements

- ❖ **Sit & Stitch: Monday, February 2, at 5 PM.** Bring any type of needlework, drawing, beading or handcraft to enjoy while socializing. Participants are welcome to bring snacks to share but it is not essential. We welcome visitors too. Bring a friend and enjoy the fellowship.
- ❖ **Zoom Bible Study: Tuesdays at 9:30 AM.** Join Zoom meeting: <https://zoom.us/j/97704697365?pwd=TkhIMUtQbXhVMS9TeHVQazl5L0piZz09;> Meeting ID: 977 0469 7365; Password: 371567.
- ❖ **Men’s Bible Study: Wednesdays at 9:15 AM.** Please join us for coffee, doughnuts and lively conversation. Each week we will look at the lectionary readings for the following Sunday. This study is for all levels of learners. We hope that you will join us.
- ❖ **Diocesan Annual Convention: Friday, February 6 and Saturday, February 7** in Williamsburg. Please pray for Gini+ and our delegates who are attending: Jeff Lighthiser, David Martin, Judy Martin and Gunnar Kohlbeck.

- ❖ **First Fridays Fellowship: Friday, February 6, at 5:30 PM in Denny Hall.** Hosted by Donna Crane & Melissa Drake. Please bring your own beverage and an appetizer to share. Everyone is invited to attend.
- ❖ **The Burial Service for Phillip Butler** will take place **Saturday, February 7, at 11 AM.**
- ❖ **Souper Bowl of Deliciousness: Sunday, February 8.** Join us in Denny Hall for Souper Bowl of Deliciousness! Celebrated nationwide as Souper Bowl of Caring Sunday. Please bring a can or two of soup for the Powhatan Food Pantry. You may also make a monetary contribution if you wish. Come over to Denny Hall after the 10 AM worship service for fellowship and your choice of eight delicious soups. Crackers, cornbread, cheese, desserts and beverages will also be provided.
- ❖ **EFM: Monday, February 9, at 7 PM**
- ❖ **The Burial Service for Randy Blunt** will take place **Thursday, February 12, at 1 PM.**
- ❖ **Shrove Tuesday Pancake Supper: Tuesday, February 17, at 5:30 PM.** As in years past, the Men of the Church will prepare a wonderful pancake supper for the congregation and money raised will go to support Manakin's youth activities and outreach efforts. Our youth will participate by setting up, greeting guests, collecting donations and cleaning up. Help make this year's supper as successful as it has been in the past.
- ❖ **Ash Wednesday Services: Wednesday, February 18 at noon and 7 PM.**
- ❖ **Family Forum: Sunday, February 22.** Getting to know our new Christian Formation Minister, Dana Blackman.
- ❖ **Manakin Book Club: Tuesday, February 24, at 7 PM via Zoom.** We will be discussing Jim DeFede's book The Day the World Came to Town. The novel "tells the true story of how the residents of the small town of Gander, Newfoundland, Canada opened their homes and hearts to thousands of stranded airline passengers after the 9/11 attacks." It is a heart-warming story in tragic circumstances. Please download the Zoom application onto the electronic device of your choice prior to the meeting. If you have any questions, feel free to contact Terry Hood at 804-418-9372 or via email at thhood@hotmail.com.
- ❖ **Lenten Dinner and Program: Wednesday, February 25, at 5:30 PM. Pot luck supper.**
- ❖ **Nursery Help Needed:** We're looking for volunteers to help in the church nursery! We need people to assist our full-time nursery provider. If you enjoy spending time with little ones and want to support the families in our congregation, this is a great opportunity to serve. Please reach out to Marion about being added to the nursery rotation.
- ❖ **Food Donations:** We continue to accept donations for the Powhatan Food Pantry. The collection bins are at the Denny Hall entrance. They appreciate all donations of nonperishable food items. **Current needs are: canned lima and butter beans, instant grits, beef and chicken broth and Vienna Sausages.** If anyone has paper bags from grocery shopping, please add them to the bin. We would also appreciate drivers to deliver the food in the right bin to The Pantry on Tuesdays, Thursdays or Saturdays between 9-12 AM. Please send Mary Kay an email at marykatherinegates@gmail.com if you can help. Thank you for all your help.
- ❖ **Backpacks Of Love:** We will be helping Backpacks of Love by collecting snacks such as fruit cups, applesauce cups, Go Go squeeze applesauce, snack crackers packets and proteins (pop-top cans of beefaroni/ravioli are especially welcome). Please place these items in the marked bin in Denny Hall. **Join us on the 1st & 3rd Fridays of the month.** You can meet us at Manakin at **9 AM** or at the site at **9:30 AM**, 3035 Lower Hill Road, Powhatan. If you have any questions, contact Penny Sawyer at 804-794-5609.
- ❖ **Powhatan Animal Shelter** gladly accepts donations of dog food wet/dry Pedigree or Purina Adult ("Kongs"), treats, medium collars, harnesses, leashes and peanut butter. Please put these items in the marked bin in Denny Hall. You can also support them with a monetary donation to their medical fund at Claws and Paws by phone at 804-598-8030 or send your donation to Claws and Paws with the note "Powhatan Animal Control Medical Fund" to 4313 Anderson Highway, Powhatan, VA 23139. Thank you!
- ❖ **Plastic Bag Recycle Program:** We have joined The Salisbury Garden Club to collect plastic bags now through November 2026 or until our goal is met. Our goal is to collect 1,000 pounds of plastic! Drop off at church can be in the bin located in room number 5 in Denny Hall. Any questions? Please contact Jean Hillsman at jmhillsman56@gmail.com. Thank you for your help in reducing trash and protecting our environment while we gain another beautiful new bench for an organization in need. **What can be recycled?** Grocery bags, shipping envelopes, bread bags, Ziploc and other reclosable food storage bags, bubble wrap, cereal bags, dry cleaning bags, case overwrap (such as paper towels and toilet paper), newspaper sleeves, produce bags, ice bags. **No plastic bottles please.**

4th Epiphany

The Collect

Contemporary

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Traditional

Almighty and everlasting God, who dost govern all things in heaven and earth: Mercifully hear the supplications of thy people, and in our time grant us thy peace; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

Old Testament: Micah 6:1-8

Hear what the LORD says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the LORD, and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel. “O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the LORD.” “With what shall I come before the LORD, and bow myself before God on high? Shall I come before him with burnt-offerings, with calves a year old? Will the LORD be pleased with thousands of rams, with tens of thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?” He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

The Psalm

Psalm 15

Domine, quis habitabit?

- 1 LORD, who may dwell in your tabernacle? *
who may abide upon your holy hill?
- 2 Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.
- 3 There is no guile upon his tongue;
he does no evil to his friend; *
he does not heap contempt upon his neighbor.

4 In his sight the wicked is rejected, *
but he honors those who fear the LORD.

5 He has sworn to do no wrong *
and does not take back his word.

6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.

7 Whoever does these things *
shall never be overthrown.

The Epistle: 1 Corinthians 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.” Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

The Gospel: Matthew 5:1-12

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

“Blessed are those who mourn, for they will be comforted.

“Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

Processional Hymn #437 – Tell Out My Soul

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1 Tell out, my soul, the great - ness of the Lord!

2 Tell out, my soul, the great - ness of his Name!

3 Tell out, my soul, the great - ness of his might!

4 Tell out, my soul, the glo - ries of his word!

Un - num - bered bless - ings give my spi - rit voice;

Make known his might, the deeds his arm has done;

Powers and do - min - ions lay their glo - ry by.

Firm is his prom - ise, and his mer - cy sure.

ten - der to me the prom - ise of his word;

his mer - cy sure, from age to age the same;

Proud hearts and stub - born wills are put to flight,

Tell out, my soul, the great - ness of the Lord

in God my Sa - vior shall my heart re - joice.

his ho - ly Name— the Lord, the Might - y One.

the hun - gry fed, the hum - ble lift - ed high.

to chil - dren's chil - dren and for ev - er - more!