

The Third Sunday In Lent  
March 3, 2024  
10:00 AM – Holy Eucharist, Rite I

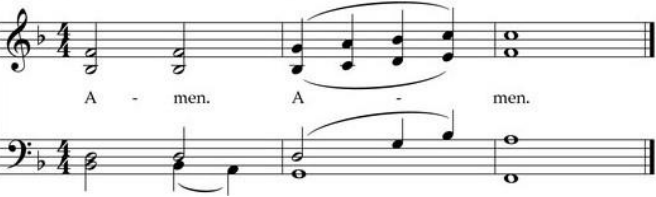
Before the service, speak to the Lord. (BCP Page 833)  
During the service, let the Lord speak to you. After the service, speak to one another.

The Word of God

The Voluntary: Sonata for Flute and Piano: Allegro malinconico	Francis Poulenc
Sarah Saul, <i>Flautist</i>	
The Entrance Hymn #574 – Before Thy Throne, O God, We Kneel	St. Petersburg
The Opening Acclamation & Responses	Page 323
The Collect for Purity	Page 323
The Kyrie, <i>S91</i>	
The Collect for the Day	Page 166
First Lesson: Exodus 20:1-17	
Psalm 19	Page 606
Second Lesson: 1 Corinthians 1:18-25	
Sequence Hymn #372 – Praise To The Living God	Leoni
Gospel: John 2:13-22	
Sermon	The Rev. Gini DiStanislao
The Nicene Creed	Page 326
The Prayers of the People	Page 328
The Confession & Absolution	Page 331
The Peace	Page 332
Announcements	

The Great Thanksgiving

Offertory Sentence	Page 343
The Anthem: O Dearest Lord, Thy Sacred Head	arr. by David N. Johnson
Sarah Saul, <i>Flautist</i>	
Presentation of Offerings	
The Doxology – Hymn #43 vs. 4	Eighth Tune
Our Fathers’ God, To Thee – Hymn #717, vs. 4	America
Eucharistic Prayer I	Page 333
Sanctus: Holy, Holy, Holy, <i>S114</i>	
The Amen ( <i>sung</i> )	Dresden



The Lord’s Prayer	Page 336
Fraction Anthem: <i>O Lamb of God, S158</i>	
The Prayer For Humble Access	Page 337
The Communion Hymn #313 – Let Thy Blood In Mercy Poured	Jesus, meine Zuversicht
#458 – My Song Is Love Unknown	Love Unknown
Commissioning Prayer for Eucharistic Ministers	
Celebrant:	Receive these Holy gifts of our Lord’s Body and Blood. On behalf of the Household of Manakin, I send you and your team forth bearing these Holy gifts to our brothers and sisters at Spring Arbor so that they may experience with us the majesty and mystery of His presence through the sharing of this Blessed Sacrament. May you carry the prayers of all of us.
People:	We who are many are one body, because we share one bread, one cup. Amen.
Post Communion Prayer	Page 339
The Blessing	
Closing Hymn #685 – Rock Of Ages	Toplady
Dismissal	Page 339
Postlude: Solemn Procession	Lloyd Webber

Please save your conversations until you exit the church to be respectful of those listening to the Postlude and receiving healing prayers.

Healing prayers will be offered at the altar railing following the service.

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We welcome back Sarah Saul as our guest flautist. Sarah received her master's degree in flute performance from Shenandoah Conservatory in May of 2020 where she studied with internationally renowned flutist, Jonathan Snowden. A native to Virginia but a newcomer to the RVA area, Sarah is currently in the process of building her flute teaching studio and seeking performance opportunities. She is also teaching band at Moody Middle School.

**OFFICIANT** – The Rev. Gini DiStanislao  
**LAY READERS** – Craig Akers & Katie Harrison  
**ALTAR GUILD** – Leslie Eckmann, Lea Emory, Sharon LaLiberte, Lynn Novak  
**MUSIC DIRECTOR/ORGANIST** – Rita Busse Gulliksen  
**COFFEE HOUR** – in Denny Hall  
**NURSERY TEAM** – Jenny Karluk & Marrica Hazelwood  
**USHER** – Hank Schepker  
**VIDEO STREAMING TEAM** – Gunnar Kohlbeck, Katie Harrison, Brent Deekens

**When you pray, please remember the following church members:**  
Susan Seaver, Sue Parsons, Nancy & Tom Dawson, Lee & Janet Showalter, Lucy & John Goode, Wally Groom, Sally & Jay Fiedler, Larry Rock, Les Fillgrove, Annette Sherman, Birdie Lighthiser, Rita Gulliksen, Connie Aasen and Roy McLeod.

**When you pray, please remember the following family & friends:**  
Graham Lighthiser, Peggy Lighthiser, Eddie Oliver, Tom Walker, Elizabeth Felicetti, Grady Hebert, Peggy Loeper, Dennis McArdle, Hersch Goldberg-Polin, Susan & Dave Woods, Katie McFadden, Davis Spain, Glenn Webster, Norma Easter, Scott Kirby, Wayne Dudley, Carol Perenzin, Dawn McAnanaey, Wendy (Marsh) Rush, Jan and Jenna, Barbara Akers, Barry Akers, Don Akers, Polly Akers, Brent Hodges, Ed Mulreany, Karl Grotos, Christy Darlington, Brian and Connie Rosenbaum.

**Happy Birthday to the following:**

Susie Stone	3/3	Jan Akers	3/5
Brent Deekens	3/4	Luke Chester	3/5
Bryan Krupp	3/4	Will Horgan	3/9
Brent Rawlings	3/4		

**Announcements**

- ❖ **Sunday Morning Children’s Time at 9:45 AM:** The children will meet in Denny Hall.
- ❖ **Sit, Stitch and Craft Night: Monday, March 4, at 5 PM.** Bring any type of needlework, drawing, beading or handcraft to enjoy while socializing. Participants are welcome to bring snacks to share but it is not essential. We welcome visitors too. Bring a friend and enjoy the fellowship.
- ❖ **Tuesday Bible Study** will meet **Tuesday, March 5, at 9:30 AM.** Join Zoom meeting: <https://zoom.us/j/97704697365?pwd=TkhIMUtQbXhVMS9TeHVQazl5L0piZz09;> Meeting ID: 977 0469 7365; Password: 371567.
- ❖ **Men’s Bible Study – Wednesday, March 6, at 9:15 AM:** Please join us for coffee, doughnuts and lively conversation. Each week we will look at the lectionary readings for the following Sunday. This study will be for all levels of learners. We hope that you will join us.

- ❖ **Men of the Church Breakfast Meeting - Saturday, March 9, at 8 AM.** The program will be “Recommended Self-Defense Measures and Appropriate Weapons for Personal Protection.” The program speaker will be Chris DeHart. Chris served Powhatan County in law enforcement for 28 years and is married to our own Wendy DeHart. Please plan to attend this very informative presentation, and of course enjoy a great breakfast!
- ❖ **Vestry Meeting: Sunday, March 10** in the Parlor following fellowship time.
- ❖ **Manakin Book Club: Tuesday, March 19, at 5:30 PM** at Manakin. We will be discussing The House Is On Fire by Rachel Beanland. It is a historical fiction book about Richmond’s theater fire of 1811. Fascinating! All are welcome ... please join us!
- ❖ **Easter Lilies & Flowers:** We are now accepting \$15 donations which will be put toward Easter lilies and other flowers for Easter Sunday on March 31. Order forms and envelopes will be on the table under the bulletin board in Denny Hall. Please place your \$15 check made payable to Manakin Episcopal Church in the envelope. Please write “flower donation” in memo section of your check. Please also place all those you are honoring or remembering on **one** order form. Place the form in the envelope with your check. The names of those you are remembering or honoring will be placed in the Easter Sunday bulletin. **Please submit your order by Sunday, March 10.**
- ❖ **Choir Practice:** The **Chancel Choir (adults)** rehearsals **Thursday, at 7:30 PM.** If you would like to join the choir, call Rita Gulliksen (804) 272-0505.
- ❖ **Backpacks Of Love:** We will be helping Backpacks of Love by collecting snacks such as individual bags of chips and Pop Tarts and proteins (pop-top cans of beefaroni/ravioli are especially welcome). Please place these items in the marked bin in Denny Hall. **Join us on the first Friday of the month.** You can meet us at Manakin at **9 AM** or at the site at **9:30 AM**, 3035 Lower Hill Road, Powhatan. If you have any questions, contact Penny Sawyer at 804-794-5609.
- ❖ **Food Donations:** We continue to accept donations for the Powhatan Food Pantry. The collection bins are in the Denny Hall entrance. They appreciate all donations of nonperishable food items and current needs are Beef a Roni, spam, corn beef hash, beef broth, coffee, cooking oil and sugar. Thank you for all your help.
- ❖ **Powhatan Animal Shelter** gladly accepts donations of dog food (wet/dry Pedigree or Purina Adult & puppy), laundry items (detergent/softener/dryer sheets/bleach), towels, blankets, toys (such as “Kongs”), treats, medium collars/harnesses/leashes and peanut butter. Please put these items in the marked bin in Denny Hall. You can also support them with a monetary donation to their medical fund at Claws and Paws by phone at 804-598-8030 or send your donation to Claws and Paws with the note “Powhatan Animal Control Medical Fund” to 4313 Anderson Highway, Powhatan, VA 23139. Thank you!



Once again St. Luke’s and Manakin are joining together for our Lenten programs. We will alternate locations with a potluck dinner at **5:30 PM**. The program portion of our time together will begin at **6:15 PM**. This year we will be looking at the Bishop’s Five Initiatives and how they are applicable to our daily lives. We will gain a deeper understanding of these guiding principles to enrich our growth in community, worship, prayer and study. We hope that you and your family will join us for some or all of these programs.

**March 6** – at Manakin – Dale+ presenting on Becoming Beloved Community

**March 13** – at St. Luke’s – Gini+ presenting on Evangelism – Telling our stories

**March 20** – at Manakin – Connection – Celtic Evensong

**March 27** – Holy Week

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### Receiving Holy Communion

The Holy Eucharist is the sacrament commanded by Christ for the continual remembrance of his life, death, and resurrection, until his coming again. (BCP p. 859) We are eager to share this remembrance with you. God welcomes you to receive His body and blood for forgiveness of our sins, and to be strengthened in our relationship with Christ and one another.

- † At the appropriate time, people in your pew will come forward to the altar railing. We will begin on the left side facing the altar with the first pew. Please proceed forward on the right side of the aisle, returning on the left side.
- † Please fill the altar railing in from the right side to the left.
- † Once you have arrived at the altar, you may stand or kneel to receive. Both hands, with one hand supporting the other are put forth.
- † The sacramental bread (wafer) will be placed in your hands with words such as “The Body of Christ, the bread of heaven.” A response is not necessary, but some may say “Amen”.
- † The chalice will be offered to those who have consumed the bread. Please help the Chalicist by placing your hand on the base of the cup to take a sip of the wine.
- † If you wish to intinct the bread, please hold it up and the Chalicist will pass you and a bowl for intinction will be offered. Please do not intinct in the common chalice from which others drink.
- † After you have received, it is customary to wait until the person next to you has received before returning to your seat. You do not need to wait for all at the railing to receive before returning.
- † When you return to your seat, you may kneel or sit in prayer and reflection of the wonderful gift that you have just received. Please join in singing of the communion hymns.

If for any reason you do not wish to receive the sacrament, you are welcome to come forward for a blessing. At the altar railing cross your arms over your chest signifying that you are there to receive a blessing only.

## 3<sup>rd</sup> Lent

### The Collect

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

### Old Testament: Exodus 20:1-17

Then God spoke all these words: I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor’s house; you shall not covet your neighbor’s wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

### The Psalm

#### Psalm 19

#### *Caeli enarrant*

- 1 The heavens declare the glory of God, \*  
and the firmament shows his handiwork.
- 2 One day tells its tale to another, \*  
and one night imparts knowledge to another.
- 3 Although they have no words or language, \*  
and their voices are not heard,

- 4 Their sound has gone out into all lands, \*  
and their message to the ends of the world.
- 5 In the deep has he set a pavilion for the sun; \*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens  
and runs about to the end of it again; \*  
nothing is hidden from its burning heat.
- 7 The law of the LORD is perfect  
and revives the soul; \*  
the testimony of the LORD is sure  
and gives wisdom to the innocent.
- 8 The statutes of the LORD are just  
and rejoice the heart; \*  
the commandment of the LORD is clear  
and gives light to the eyes.
- 9 The fear of the LORD is clean  
and endures for ever; \*  
the judgments of the LORD are true  
and righteous altogether.
- 10 More to be desired are they than gold,  
more than much fine gold, \*  
sweeter far than honey,  
than honey in the comb.
- 11 By them also is your servant enlightened, \*  
and in keeping them there is great reward.
- 12 Who can tell how often he offends? \*  
cleanse me from my secret faults.
- 13 Above all, keep your servant from presumptuous sins;  
let them not get dominion over me; \*  
then shall I be whole and sound,  
and innocent of a great offense.
- 14 Let the words of my mouth and the meditation of my  
heart be acceptable in your sight, \*  
O LORD, my strength and my redeemer.

### **The Epistle: 1 Corinthians 1:18-25**

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.” Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

### **The Gospel: John 2:13-22**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, “Take these things out of here! Stop making my Father’s house a marketplace!” His disciples remembered that it was written, “Zeal for your house will consume me.” The Jews then said to him, “What sign can you show us for doing this?” Jesus answered them, “Destroy this temple, and in three days I will raise it up.” The Jews then said, “This temple has been under construction for forty-six years, and will you raise it up in three days?” But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Processional Hymn #574 – Before Thy Throne, O God, We Kneel

1 Be - fore thy throne, O God, we kneel: give us a con - science  
2 Search out our hearts and make us true; help us to give to  
3 For sins of heed - less word and deed, for pride am - bi - tious  
4 Let the fierce fires which burn and try, our in - most spi - rits

quick to feel, a rea - dy mind to un - der - stand the  
all their due. From love of plea - sure, lust of gold, from  
to suc - ceed, for craft - y trade and sub - tle snare to  
pu - ri - fy: con - sume the ill; purge out the shame; O

mean - ing of thy chas - tening hand; what - e'er the pain and  
sins which make the heart grow cold, wean us and train us  
catch the sim - ple un - a - ware, for lives be - reft of  
God, be with us in the flame; a new - born peo - ple

shame may be, bring us, O Fa - ther, near - er thee.  
with thy rod; teach us to know our faults, O God.  
pur - pose high, for - give, for - give, O Lord, we cry.  
may we rise, more pure, more true, more no - bly wise.

Sequence Hymn #372 – Praise To The Living God

1 Praise to the liv - ing God! All prais - ed be his Name  
2 Form - less, all love - ly forms de - clare his love - li - ness;  
3 His Spi - rit flow - eth free, high surg - ing where it will;  
4 E - ter - nal life hath he im - plant - ed in the soul;


who was, and is, and is to be for ay the same.  
ho - ly, no ho - li - ness of earth can his ex - press.  
in pro - phet's word he spoke of old; he speak - eth still.  
his love shall be our strength and stay while a - ges roll.

The one e - ter - nal God ere aught that now ap - pears:  
Lo, he is Lord of all. Cre - a - tion speaks his praise,  
Es - tab - lished is his law, and change - less it shall stand,  
Praise to the liv - ing God! All prais - ed be his Name

the first, the last, be - yond all thought his time - less years!  
and ev - ery - where a - bove, be - low, his will o - beys.  
deep writ up - on the hu - man heart, on sea, on land.  
who was, and is, and is to be, for ay the same.



# Communion Hymn #313 – Let Thy Blood In Mercy Poured



1 Let thy Blood in mer - cy poured, let thy gra - cious  
 2 Thou didst die that I might live; bless - ed Lord, thou  
 3 By the thorns that crowned thy brow, by the spear-wound  
 4 Wilt thou own the gift I bring? All my pen - i -

Bo - dy bro - ken, be to me, O gra - cious Lord,  
 cam'st to save me; all that love of God could give  
 and the nail - ing, by the pain and death, I now  
 tence I give thee; thou art my ex - alt - ed King,

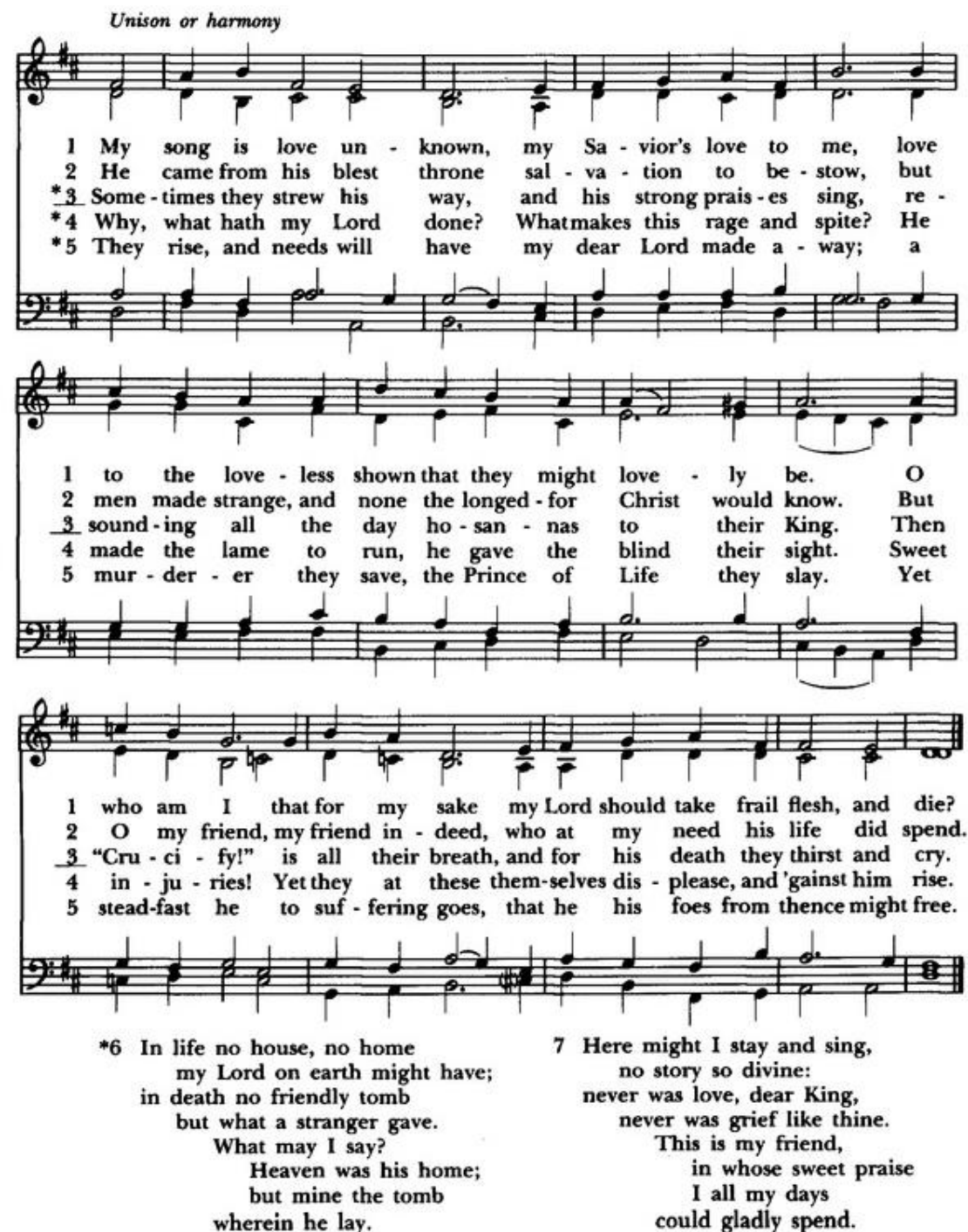
*Refrain*

of thy bound-less love the to - ken.  
 Je - sus by his sor - rows gave me. Thou didst give thy -  
 claim, O Christ, thy love un - fail - ing.  
 of thy match-less love for - give me.

self for me, now I give my - self to thee.

# Communion Hymn #458 – My Song Is Love Unknown

*Unison or harmony*



1 My song is love un - known, my Sa - vior's love to me, love  
 2 He came from his blest throne sal - va - tion to be - stow, but  
 \*3 Some - times they strew his way, and his strong prais - es sing, re -  
 \*4 Why, what hath my Lord done? What makes this rage and spite? He  
 \*5 They rise, and needs will have my dear Lord made a - way; a

1 to the love - less shown that they might love - ly be. O  
 2 men made strange, and none the longed - for Christ would know. But  
 3 sound - ing all the day ho - san - nas to their King. Then  
 4 made the lame to run, he gave the blind their sight. Sweet  
 5 mur - der - er they save, the Prince of Life they slay. Yet

1 who am I that for my sake my Lord should take frail flesh, and die?  
 2 O my friend, my friend in - deed, who at my need his life did spend.  
 3 "Cru - ci - fy!" is all their breath, and for his death they thirst and cry.  
 4 in - ju - ries! Yet they at these them-selves dis - please, and 'gainst him rise.  
 5 stead-fast he to suf - fering goes, that he his foes from thence might free.

\*6 In life no house, no home  
 my Lord on earth might have;  
 in death no friendly tomb  
 but what a stranger gave.  
 What may I say?  
 Heaven was his home;  
 but mine the tomb  
 wherein he lay.

7 Here might I stay and sing,  
 no story so divine:  
 never was love, dear King,  
 never was grief like thine.  
 This is my friend,  
 in whose sweet praise  
 I all my days  
 could gladly spend.

# Closing Hymn #685 – Rock Of Ages

1 Rock of a - ges, cleft for me, let me hide my-self in thee;  
2 Should my tears for ev - er flow, should my zeal no lan - guor know,  
3 While I draw this fleet-ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,  
all for sin could not a - tone: thou must save, and thou a - lone;  
when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou - ble cure, cleanse me from its guilt and power.  
in my hand no price I bring, sim - ply to thy cross I cling.  
Rock of a - ges, cleft for me, let me hide my-self in thee.