

The Fourth Sunday After The Epiphany
January 28, 2024

10:00 AM – Holy Eucharist, Rite II

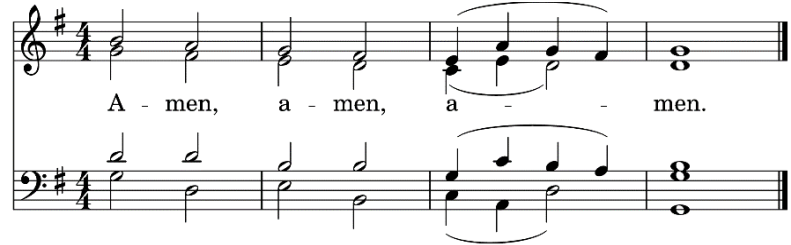
Before the service, speak to the Lord. (BCP Page 833)
During the service, let the Lord speak to you. After the service, speak to one another.

The Word of God

The Voluntary: From Heven Above To Earth I Come	Bach
The Processional Hymn #380 – From All That Dwell Below The Skies	Old 100 th
Opening Acclamation & Response	Prayer Book Page 355
The Gloria, S280	Page 356
The Collect for the Day (see insert)	Page 215
First Lesson: Deuteronomy 18:15-20	
Psalm 111	Page 754
Second Lesson: 1 Corinthians 8:1-13	
Sequence Hymn #536 – God Has Spoken To His People	Torah Song
Gospel: Mark 1:21-28	
Sermon	The Rev. Gini DiStanislao
The Nicene Creed	Page 358
The Prayers of the People – Form III	Page 387
The Confession & Absolution	Page 360
The Peace	Page 360
Announcements	

The Great Thanksgiving

Offertory Sentence	Page 343
The Anthem: Of The Father’s Love Begotten	Wohlgemuth
Presentation of Offerings	
The Doxology – Hymn #43 vs, 4	
Our Fathers’ God, To Thee – Hymn #717, vs. 4	America
Eucharistic Prayer A	Page 361
Sanctus: Holy, Holy, Holy, S129	
The Amen	Danish



The Lord’s Prayer	Page 364
The Fraction Anthem: Alleluia, Christ Our Passover, S154	
The Communion Hymn #448 – O Love, How Deep	Deus tuorum militum
#593 – Lord Make Us Servants Of Your Peace	Dickinson College
Post Communion Prayer	Page 365
The Blessing	
The Closing Hymn #408 – Sing Praise To God	Mit Freuden zart
Dismissal	Page 366

Please save your conversations until you exit the church to be respectful of those listening to the Postlude.

Postlude: Chaconne	Clerambault
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The flowers on the altar are given to the Glory of God by Kelly and Rob Anderson in thanksgiving for their children Aubriana and Robert.

OFFICIANT – The Rev. Gini DiStanislao
LAY READERS – Craig Akers & Angela Park
ACOLYTE – Libby Hott
ALTAR GUILD – Stephany Breed, Janet Denson, Jean Hillsman, Lisa McCue, Kathy Watkins
MUSIC DIRECTOR/ORGANIST – Rita Busse Gulliksen
COFFEE HOUR – in Denny Hall
NURSERY TEAM – Marrica Hazelwood & Jenny Karluk
USHER – Drew DiStanislao
VIDEO STREAMING TEAM – Gunnar Kohlbeck, Katie Harrison, Brent Deekens

When you pray, please remember the following church members:
Susan Seaver, Sue Parsons, Ben Durrant, Nancy & Tom Dawson, Lee & Janet Showalter, Lucy & John Goode, Wally Groom, Sally & Jay Fiedler, Larry Rock, Les Fillgrove, Annette Sherman, Jamie Owens, Peter Plourd, Birdie Lighthiser, Rita Gulliksen and Connie Aasen.

When you pray, please remember the following family & friends:
Graham Lighthiser, Peggy Lighthiser, Anne Dull, Sue Strosen, Harry Bowen, Jr., Nick Hanak, Michael Foreman, Kaitlin DeCesare, Phil Frank, Verity Jones, Jane Gerring, Parker Ann Martin, Jake Anderson, Amanda Looney, Robert Johnston, Eddie Oliver, June Stertz, Michelle Fisher, Tom Walker, Sharon Hoyle, Marcy, Connie Rosenbaum, Alan Rosenbaum, Barbara Akers, Christy Darlington, Bentley Wetzel, Brad Rose, Goldie Groom, Carol Perenzin, Mickey Stokes, Elizabeth Felicetti, Don Akers, Carolyn Burns, Grady Hebert, Brent Hodges, Judy Jones, Ed Mulreany, Peggy Loeper, Christy Allen, Dennis McArdle, Guy Ross, Tommy Collins, Barry Akers, Hersch Goldberg-Polin, Susan & Dave Woods, Polly Akers, David Wilson, Carol Migacz, Travis Scarborough, Karl Grotos, Katie McFadden, Lindsay Rodrigues, Davis Spain, Glenn Webster, Norma Easter and Scott Kirby.



Receiving Holy Communion

The Holy Eucharist is the sacrament commanded by Christ for the continual remembrance of his life, death, and resurrection, until his coming again. (BCP p. 859) We are eager to share this remembrance with you. God welcomes you to receive His body and blood for forgiveness of our sins, and to be strengthened in our relationship with Christ and one another.

- † At the appropriate time, people in your pew will come forward to the altar railing. We will begin on the left side facing the altar with the first pew. Please proceed forward on the right side of the aisle, returning on the left side.
- † Please fill the altar railing in from the right side to the left.
- † Once you have arrived at the altar, you may stand or kneel to receive. Both hands, with one hand supporting the other are put forth.
- † The sacramental bread (wafer) will be placed in your hands with words such as “The Body of Christ, the bread of heaven.” A response is not necessary, but some may say “Amen”.
- † The chalice will be offered to those who have consumed the bread. Please help the Chalicist by placing your hand on the base of the cup to take a sip of the wine.
- † If you wish to intinct the bread, please hold it up and the Chalicist will pass you and a bowl for intinction will be offered. Please do not intinct in the common chalice from which others drink.
- † After you have received, it is customary to wait until the person next to you has received before returning to your seat. You do not need to wait for all at the railing to receive before returning.
- † When you return to your seat, you may kneel or sit in prayer and reflection of the wonderful gift that you have just received. Please join in singing of the communion hymns.

If for any reason you do not wish to receive the sacrament, you are welcome to come forward for a blessing. At the altar railing cross your arms over your chest signifying that you are there to receive a blessing only.

Happy birthday to the following:

Tina Schepker	1/28	Sharon LaLiberte	1/30
Janet Denson	1/29	Karen Beorn	2/2
Hampton Miller	1/29	Chris Hott	2/2

Announcements

- ❖ **Sunday Morning Children’s Time at 9:45 AM:** The children will meet in Denny Hall.
- ❖ **Tuesday Bible Study** will meet **Tuesday, January 30, at 9:30 AM.** Join Zoom meeting: <https://zoom.us/j/97704697365?pwd=TkhIMUtQbXhVMS9TeHVQazl5L0piZz09;> Meeting ID: 977 0469 7365; Password: 371567.
- ❖ **Men’s Bible Study – Wednesday, January 31, at 9:15 AM:** Please join us for coffee, doughnuts and lively conversation. Each week we will look at the lectionary readings for the following Sunday. This study will be for all levels of learners. We hope that you will join us.
- ❖ **First Fridays Fellowship: Friday, February 2, at 5:30 PM. Host needed! Sign up in Denny Hall.**
- ❖ **Worship Committee meeting: Sunday, February 4, at 11:15 AM** in the Parlor.
- ❖ **Sit, Stitch and Craft Night: Monday, February 5, at 5 PM.** Bring any type of needlework, drawing, beading or handcraft to enjoy while socializing. Participants are welcome to bring snacks to share but it is not essential. We welcome visitors too. Bring a friend and enjoy the fellowship.
- ❖ **Men’s Breakfast – Saturday, February 10, at 8 AM.** Our guest speaker will be Mr. Robert Smet, Director of the Outreach Division of the Virginia Department of Wildlife Resources. Mr. Smet’s presentation on the Virginia Department of Wildlife Resources will provide an overview of the Department, including a brief history of game management in the Commonwealth. Please plan to attend this very informative presentation, and of course enjoy a great breakfast!
- ❖ **Adult Forum:** Please join us on **Sunday, February 11, at 9 AM in Denny Hall** to hear from Chanco on the James, Executive Director, Gareth Kalfas, about the many offerings of our Diocesan Camp and Conference Center. As you may know, Gini+ currently serves as Vice President on the Board of Directors of Chanco. We have more than a summer camp for children!
- ❖ **Souper Bowl Sunday, February 11:** Join us in Denny Hall for Souper Bowl of Deliciousness! Celebrated nationwide as Souper Bowl of Caring Sunday. Please bring a can or two of soup for the Powhatan Food Pantry. You may also make a monetary contribution if you wish. Come over to Denny Hall after the 10 AM worship service for fellowship and your choice of eight delicious soups. Crackers, cornbread, cheese, desserts and beverages will also be provided.

- ❖ **Manakin Book Club: Tuesday, March 16, at 5:30 PM** at Manakin. We will be discussing The House Is On Fire by Rachel Beanland. It is a historical fiction book about Richmond’s theater fire of 1811. Fascinating! All are welcome ... please join us!
- ❖ **Choir Practice:** The **Chancel Choir (adults)** rehearsals **Thursday**, at **7:30 PM**. If you would like to join the choir, call Rita Gulliksen (804) 272-0505.
- ❖ **Backpacks Of Love:** We will be helping Backpacks of Love by collecting snacks such as individual bags of chips and Pop Tarts and proteins (pop-top cans of beefaroni/ravioli are especially welcome). Please place these items in the marked bin in Denny Hall. **Join us on the first Friday of the month.** You can meet us at Manakin at **9 AM** or at the site at **9:30 AM**, 3035 Lower Hill Road, Powhatan. If you have any questions, contact Penny Sawyer at 804-794-5609.
- ❖ **Food Donations:** We continue to accept donations for the Powhatan Food Pantry. The collection bins are in the Denny Hall entrance. They appreciate all donations of nonperishable food items and current needs beef, chicken and vegetable soups and pop tarts. Thank you for all your help.
- ❖ **Powhatan Animal Shelter** gladly accepts donations of dog food (wet/dry Pedigree or Purina Adult & puppy), laundry items (detergent/softener/dryer sheets/bleach), towels, blankets, toys (such as “Kongs”), treats, medium collars/harnesses/leashes and peanut butter. Please put these items in the marked bin in Denny Hall. You can also support them with a monetary donation to their medical fund at Claws and Paws by phone at 804-598-8030 or send your donation to Claws and Paws with the note “Powhatan Animal Control Medical Fund” to 4313 Anderson Highway, Powhatan, VA 23139. Thank you!

4th Epiphany

The Collect

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Old Testament: Deuteronomy 18:15-20

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: “If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.” Then the LORD replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

The Psalm

Psalm 111

Confitebor tibi

- 1 Hallelujah!
I will give thanks to the LORD with my whole heart, *
in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the LORD! *
they are studied by all who delight in them.
- 3 His work is full of majesty and splendor, *
and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; *
the LORD is gracious and full of compassion.
- 5 He gives food to those who fear him; *
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works *
in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and justice; *
all his commandments are sure.

8 They stand fast for ever and ever, *
because they are done in truth and equity.

9 He sent redemption to his people;
he commanded his covenant for ever; *
holy and awesome is his Name.

10 The fear of the LORD is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.

The Epistle: 1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

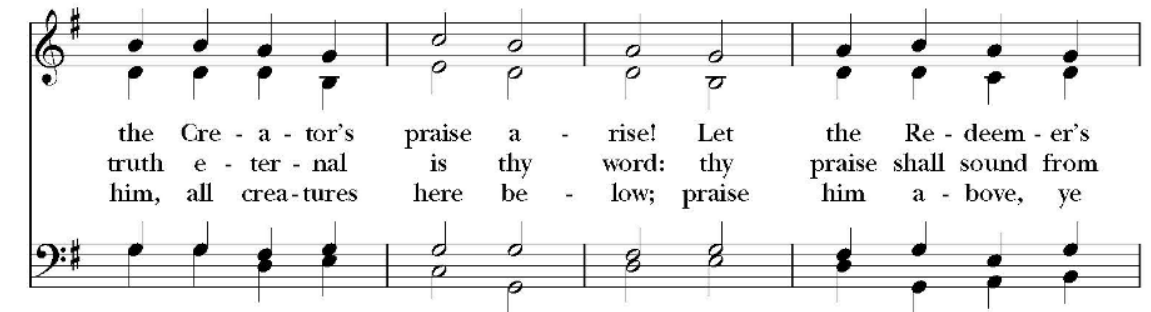
The Gospel: Mark 1:21-28

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

Processional Hymn #380 – From All That Dwell Below The Skies



1 From all that dwell be - low the skies let
2 E - ter - nal are thy mer - cies, Lord, and
*3 Praise God, from whom all bless - ings flow; praise



the Cre - a - tor's praise a - rise! Let the Re - deem - er's
truth e - ter - nal is thy word: thy praise shall sound from
him, all crea - tures here be - low; praise him a - bove, ye



Name be sung through ev - ery land, by ev - ery tongue!
shore to shore till suns shall rise and set no more.
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Sequence Hymn #536 – Open Your Ears O Faithful People



1 O - pen your ears, O faith - ful peo - ple,
2 They who have ears to hear the mes - sage,
3 Is - ra - el comes to greet the Sa - vior,
4 O - pen your ears, O faith - ful peo - ple,



o - pen your ears and hear God's word. O - pen your hearts, O
they who have ears, then let them hear. They who would learn the
Ju - dah is glad to see his day. From east and west the
o - pen your ears and hear God's word. O - pen your hearts, O



roy - al priest - hood, God has come to you.
way of wis - dom, let them hear God's word.
peo - ples trav - el, he will show the way.
roy - al priest - hood, God has come to you.



God has spo - ken to his peo - ple, Hal - le - lu - jah!



And his words are words of wis - dom, Hal - le - lu -



jah! Hal - le - lu - jah! God has spo - ken to his peo - ple,
To - rah o - ra, To - rah o - ra,



Hal - le - lu - jah! And his words are
To - rah o - ra,



words of wis - dom, Hal - le - lu - jah!
To - rah o - ra, Hal - le - lu - jah!

“Torah ora” is Hebrew for, “The Law is our Light.”

Communion Hymn #448 – O Love, How Deep



1 O love, how deep, how broad, how high, how pass - ing
2 For us bap - tized, for us he bore his ho - ly
3 For us he prayed; for us he taught; for us his
4 For us to wick - ed hands be - trayed, scourged, mocked, in
5 For us he rose from death a - gain; for us he
6 All glo - ry to our Lord and God for love so



1 thought and fan - ta - sy, that God, the Son of
2 fast and hun - gered sore; for us temp - ta - tions
3 dai - ly works he wrought: by words and signs and
4 pur - ple robe ar - rayed, he bore the shame - ful
5 went on high to reign; for us he sent his
6 deep, so high, so broad; the Trin - i - ty whom



1 God, should take our mor - tal form for mor - tals' sake.
2 sharp he knew; for us the tempt - er ov - er - threw.
3 ac - tions, thus still seek - ing not him - self, but us.
4 cross and death; for us gave up his dy - ing breath.
5 Spi - rit here to guide, to strength - en, and to cheer.
6 we a - dore for ev - er and for ev - er - more.

Communion Hymn #593 – Lord, Make Us Servants Of Your Peace

1 Lord, make us ser - vants of your peace: where there is
2 Where all is doubt, may we sow faith; where all is
3 Je - sus, our Lord, may we not seek to be con -
4 May we not look for love's re - turn, but seek to
5 Dy - ing, we live, and are re - born through death's dark

1 hate, may we sow love; where there is hurt, may we for -
2 gloom, may we sow hope; where all is night, may we sow
3 soled, but to con - sole, nor look to un - der - stand - ing
4 love un - self - ish - ly, for in our giv - ing we re -
5 night to end - less day: Lord, make us ser - vants of your

1 give; where there is strife, may we make one.
2 light; where all is tears, may we sow joy.
3 hearts, but look for hearts to un - der - stand.
4 ceive, and in for - giv - ing are for - given.
5 peace, to wake at last in hea - ven's light.

Closing Hymn #408 – Sing Praise To God

1 Sing praise to God who reigns a - bove, the God of all cre -
2 What God's al-might - y power hath made, his gra - cious mer - cy
3 Let all who name Christ's ho - ly Name give God all praise and

a - tion, the God of power, the God of love, the God of
keep - eth; by morn - ing glow or eve - ning shade his watch - ful
glo - ry; let all who know his power pro - claim a - loud the

our sal - va - tion; with heal - ing balm my soul he fills, and
eye ne'er sleep - eth. With - in the king - dom of his might, lo!
won - drous sto - ry! Cast each false i - dol from its throne, the

ev - ery faith - less mur - mur stills: to God all praise and glo - ry.
All is just and all is right: to God all praise and glo - ry.
Lord is God, and he a - lone: to God all praise and glo - ry.