

The First Sunday In Lent
February 18, 2024

10:00 AM – Holy Eucharist, Rite II

Before the service, speak to the Lord. (BCP Page 833)
During the service, let the Lord speak to you. After the service, speak to one another.

The Word of God

Table with 2 columns: Service Item and Page/Source. Items include The Voluntary, The Great Litany, The Salutation, The Collect for the Day, First Lesson, Psalm, Second Lesson, Sequence Hymn, Gospel, Sermon, The Nicene Creed, The Confession & Absolution, The Peace, and Announcements.

The Great Thanksgiving

Table with 2 columns: Service Item and Page/Source. Items include Offertory Sentence, The Anthem, Presentation of Offerings, The Doxology, Our Fathers' God, Eucharistic Prayer A, Sanctus, and The Amen.

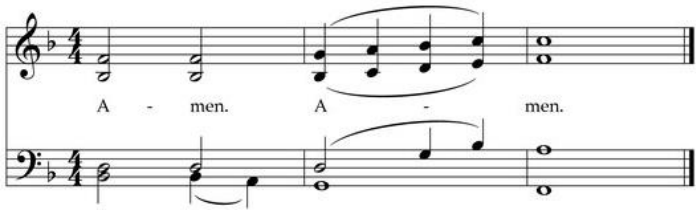


Table with 2 columns: Service Item and Page/Source. Items include The Lord's Prayer, The Fraction Anthem, The Communion Hymn, Post Communion Prayer, The Blessing, The Closing Hymn, and Dismissal.

Please save your conversations until you exit the church to be respectful of those listening to the Postlude.

Table with 2 columns: Service Item and Page/Source. Item: Postlude: A Musical Clock: March.

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- OFFICIANT – The Rev. Gini DiStanislao
- LAY READERS – Hank Schepker & Barbara Prillaman
- ALTAR GUILD – Sue Daniels, Liz Lee, Judy Martin, Sewell McLeod
- MUSIC DIRECTOR/ORGANIST – Rita Busse Gulliksen
- COFFEE HOUR – in Denny Hall
- NURSERY TEAM – Marrica Hazelwood & Jenny Karluk
- USHER – John Watkins
- VIDEO STREAMING TEAM – Gunnar Kohlbeck, Katie Harrison, Brent Deekens

When you pray, please remember the following church members:
Susan Seaver, Sue Parsons, Ben Durrant, Nancy & Tom Dawson, Lee & Janet Showalter, Lucy & John Goode, Wally Groom, Sally & Jay Fiedler, Larry Rock, Les Fillgrove, Annette Sherman, Jamie Owens, Peter Plourd, Birdie Lighthiser, Rita Gulliksen, Connie Aasen, Roy McLeod and Margie Spicer.

When you pray, please remember the following family & friends:
Graham Lighthiser, Peggy Lighthiser, Anne Dull, Sue Stroson, Harry Bowen, Jr., Nick Hanak, Michael Foreman, Kaitlin DeCesare, Phil Frank, Verity Jones, Jane Gerring, Parker Ann Martin, Jake Anderson, Amanda Looney, Robert Johnston, Eddie Oliver, June Stertz, Michelle Fisher, Tom Walker, Sharon Hoyle, Connie Rosenbaum, Alan Rosenbaum, Barbara Akers, Christy Darlington, Bentley Wetzel, Brad Rose, Goldie Groom, Mickey Stokes, Elizabeth Felicetti, Don Akers, Carolyn Burns, Grady Hebert, Brent Hodges, Judy Jones, Ed Mulreany, Peggy Loeper, Christy Allen, Dennis McArdle, Guy Ross, Tommy Collins, Barry Akers, Hersch Goldberg-Polin, Susan & Dave Woods, Polly Akers, David Wilson, Carol Migacz, Travis Scarborough, Karl Grotos, Katie McFadden, Lindsay Rodrigues, Davis Spain, Glenn Webster, Norma Easter, Scott Kirby, Wayne Dudley, Carol Perenzin, Dawn McAnanaey and Tammy Montgomery.

Happy birthday to the following:

Bob Pinkham	2/19	Traci Badin	2/23
Turner Hodgins	2/20	Donna Deekens	2/23
Michael Solimando	2/20	Sarah Mungle	2/23
Margi Spicer	2/22	Pat Hancock	2/24
Mark Sykes	2/22	Matthew Stainback	2/24

Happy anniversary to the following:

Beverly & Don Whitley	2/18
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Announcements

- ❖ **Sunday Morning Children’s Time at 9:45 AM:** The children will meet in Denny Hall.
- ❖ In observance of President’s Day, the church office will be closed **Monday, February 19**. If you have a pastoral emergency, please contact Gini+.
- ❖ Please use the following link to access the [2024 Lenten Journey Booklets](#) from Westminster Canterbury Richmond. This has been a long-time favorite of parishioners, and we hope you enjoy it! Hard copies are available in Denny Hall.
- ❖ **Tuesday Bible Study** will meet **Tuesday, February 20, at 9:30 AM**. Join Zoom meeting: <https://zoom.us/j/97704697365?pwd=TkhIMUtQbXhVMS9TeHVQazl5L0piZz09>; Meeting ID: 977 0469 7365; Password: 371567.
- ❖ **Men’s Bible Study – Wednesday, February 21, at 9:15 AM:** Please join us for coffee, doughnuts and lively conversation. Each week we will look at the lectionary readings for the following Sunday. This study will be for all levels of learners. We hope that you will join us.
- ❖ **Men of the Church Breakfast Meeting - Saturday, March 9, at 8 AM.** The program will be “Recommended Self-Defense Measures and Appropriate Weapons for Personal Protection.” The program speaker will be Chris DeHart. Chris served Powhatan County in law enforcement for 28 years and is married to our own Wendy DeHart. Please plan to attend this very informative presentation, and of course enjoy a great breakfast!
- ❖ **Manakin Book Club: Tuesday, March 16, at 5:30 PM** at Manakin. We will be discussing [The House Is On Fire](#) by Rachel Beanland. It is a historical fiction book about Richmond’s theater fire of 1811. Fascinating! All are welcome ... please join us!
- ❖ **Choir Practice:** The **Chancel Choir (adults)** rehearsals **Thursday, at 7:30 PM**. If you would like to join the choir, call Rita Gulliksen (804) 272-0505.

- ❖ **Backpacks Of Love:** We will be helping Backpacks of Love by collecting snacks such as individual bags of chips and Pop Tarts and proteins (pop-top cans of beefaroni/ravioli are especially welcome). Please place these items in the marked bin in Denny Hall. **Join us on the first Friday of the month.** You can meet us at Manakin at **9 AM** or at the site at **9:30 AM**, 3035 Lower Hill Road, Powhatan. If you have any questions, contact Penny Sawyer at 804-794-5609.
- ❖ **Food Donations:** We continue to accept donations for the Powhatan Food Pantry. The collection bins are in the Denny Hall entrance. They appreciate all donations of nonperishable food items and current needs are Beef a Roni, spam, corn beef hash, beef broth, coffee, cooking oil and sugar. Thank you for all your help.
- ❖ **Powhatan Animal Shelter** gladly accepts donations of dog food (wet/dry Pedigree or Purina Adult & puppy), laundry items (detergent/softener/dryer sheets/bleach), towels, blankets, toys (such as “Kongs”), treats, medium collars/harnesses/leashes and peanut butter. Please put these items in the marked bin in Denny Hall. You can also support them with a monetary donation to their medical fund at Claws and Paws by phone at 804-598-8030 or send your donation to Claws and Paws with the note “Powhatan Animal Control Medical Fund” to 4313 Anderson Highway, Powhatan, VA 23139. Thank you!



Once again St. Luke’s and Manakin will be joining together for our Lenten programs. We will alternate locations with a potluck dinner at **5:30 PM**. The program portion of our time together will begin at **6:15 PM**. This year we will be looking at the Bishop’s Five Initiatives and how they are applicable to our daily lives. We will gain a deeper understanding of these guiding principles to enrich our growth in community, worship, prayer and study. We hope that you and your family will join us for some or all of these programs.

- February 21** –at Manakin – Dale+ presenting on Rule of Life
- February 28** –at St. Luke’s – Gini+ presenting on Creation Care
- March 6** – at Manakin – Dale+ presenting on Becoming Beloved Community
- March 13** – at St. Luke’s – Gini+ presenting on Evangelism – Telling our stories
- March 20** – at Manakin – Connection – Celtic Evensong
- March 27** – Holy Week



Receiving Holy Communion

The Holy Eucharist is the sacrament commanded by Christ for the continual remembrance of his life, death, and resurrection, until his coming again. (BCP p. 859) We are eager to share this remembrance with you. God welcomes you to receive His body and blood for forgiveness of our sins, and to be strengthened in our relationship with Christ and one another.

- † At the appropriate time, people in your pew will come forward to the altar railing. We will begin on the left side facing the altar with the first pew. Please proceed forward on the right side of the aisle, returning on the left side.
- † Please fill the altar railing in from the right side to the left.
- † Once you have arrived at the altar, you may stand or kneel to receive. Both hands, with one hand supporting the other are put forth.
- † The sacramental bread (wafer) will be placed in your hands with words such as “The Body of Christ, the bread of heaven.” A response is not necessary, but some may say “Amen”.
- † The chalice will be offered to those who have consumed the bread. Please help the Chalicist by placing your hand on the base of the cup to take a sip of the wine.
- † If you wish to intinct the bread, please hold it up and the Chalicist will pass you and a bowl for intinction will be offered. Please do not intinct in the common chalice from which others drink.
- † After you have received, it is customary to wait until the person next to you has received before returning to your seat. You do not need to wait for all at the railing to receive before returning.
- † When you return to your seat, you may kneel or sit in prayer and reflection of the wonderful gift that you have just received. Please join in singing of the communion hymns.

If for any reason you do not wish to receive the sacrament, you are welcome to come forward for a blessing. At the altar railing cross your arms over your chest signifying that you are there to receive a blessing only.

1 Lent

The Collect

Contemporary

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

Old Testament: Genesis 9:8-17

God said to Noah and to his sons with him, “As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

The Psalm

Psalm 25:1-9

Ad te, Domine, levavi

- 1 To you, O LORD, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.
- 2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.
- 3 Show me your ways, O LORD, *
and teach me your paths.
- 4 Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.

- 5 Remember, O LORD, your compassion and love, *
for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; *
remember me according to your love
and for the sake of your goodness, O LORD.
- 7 Gracious and upright is the LORD; *
therefore he teaches sinners in his way.
- 8 He guides the humble in doing right *
and teaches his way to the lowly.
- 9 All the paths of the LORD are love and faithfulness *
to those who keep his covenant and his testimonies.

The Epistle: 1 Peter 3:18-22

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Gospel: Mark 1:9-15


In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, “You are my Son, the Beloved; with you I am well pleased.” And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.”

Sequence Hymn #150 – Forty Days And Forty Nights

1 For - ty days and for - ty nights thou wast fast - ing in the wild;
2 Should not we thy sor - row share and from world - ly joys ab - stain,
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
4 round us, too, shall an - gels shine, such as min - is - tered to thee.
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Communion Hymn #143 – The Glory Of These Forty Days



1 The glo - ry of these for - ty days we
 2 A - lone and fast - ing Mo - ses saw the
 3 So Dan - iel trained his mys - tic sight, de -
 4 Then grant us, Lord, like them to be full
 *5 O Fa - ther, Son, and Spi - rit blest, to

1 ce - le - brate with songs of praise; for Christ, through whom all
 2 lov - ing God who gave the law; and to E - li - jah,
 3 liv - ered from the li - ons' might; and John, the Bride - groom's
 4 oft in fast and prayer with thee; our spi - rits strength - en
 5 thee be ev - ery prayer ad - dressed, who art in three - fold

1 things were made, him - self has fast - ed and has prayed.
 2 fast - ing, came the steeds and char - i - ots of flame.
 3 friend, be - came the her - ald of Mes - si - ah's name.
 4 with thy grace, and give us joy to see thy face.
 5 Name a - dored, from age to age, the on - ly Lord.

Communion Hymn #559 – Lead Us, Heavenly Father



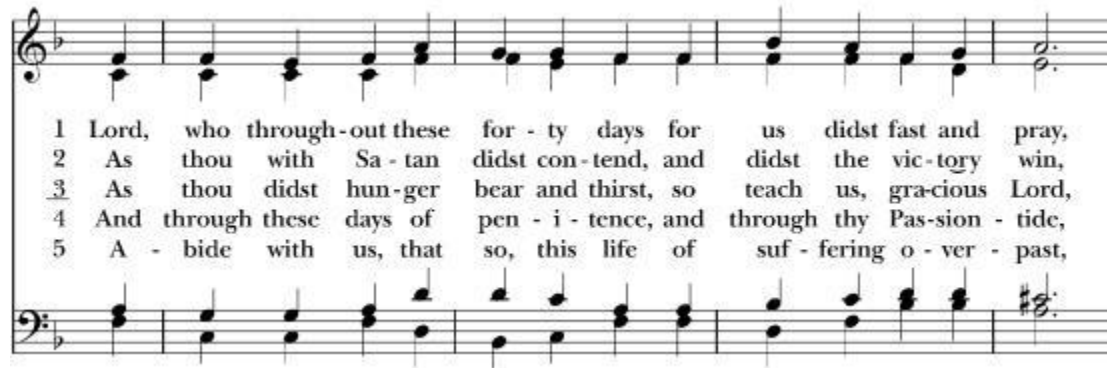
1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -
 2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness
 3 Spi - rit of our God, de - scend - ing, fill our hearts with

pes - tuous sea; guard us, guide us, keep us, feed us,
 thou dost know; thou didst tread this earth be - fore us;
 heaven - ly joy; love with ev - ery pas - sion blend - ing,

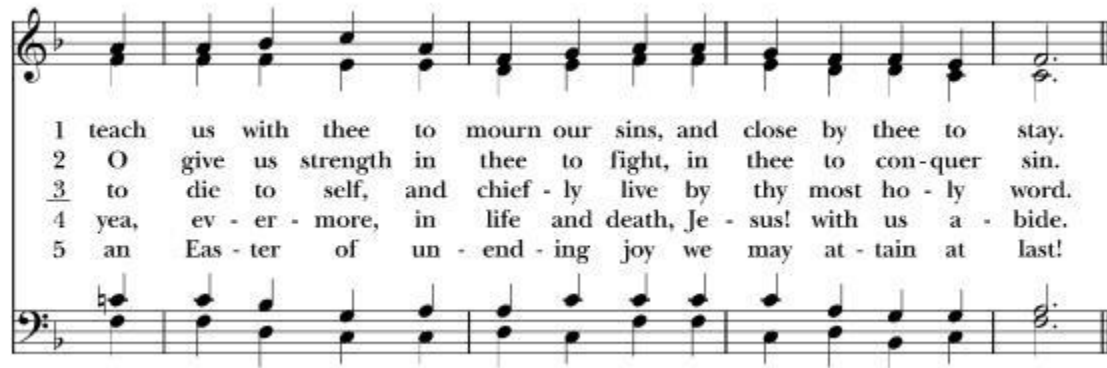
for we have no help but thee, yet pos - ses - sing
 thou didst feel its keen - est woe; yet un - fear - ing,
 plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing, if our God our Fa - ther be.
 per - se - ver - ing, to thy pas - sion thou didst go.
 par - doned, guid - ed, noth - ing can our peace des - troy.

Closing Hymn#142 – Lord, Who Throughout These Forty Days



1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
5 A - bide with us, that so, this life of suf - fering o - ver - past,



1 teach us with thee to mourn our sins, and close by thee to stay.
2 O give us strength in thee to fight, in thee to con - quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
5 an Eas - ter of un - end - ing joy we may at - tain at last!